



Together, we can save a life

Fact Sheet

Health and Safety Services

COURSE:	Fundamentals of Instructor Training (FIT)
Course Code:	3010
Purpose	To introduce instructor candidates to the history, structure and activities of the American Red Cross. To prepare instructor candidates to teach American Red Cross specialty courses to diverse populations. To introduce instructor candidates to the policies and procedures of the American Red Cross to ensure course consistency, quality and appropriate training.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">• Identify the lines of service in the American Red Cross in a matching exercise;• Describe the qualities or characteristics of American Red Cross heroes and relate them to concepts of volunteerism and community involvement;• Identify key chapter priorities in a group exercise;• Identify appropriate teaching methods and facilitation skills used in American Red Cross courses through group discussion;• Describe ways an instructor can respond appropriately to individual and group learning needs in a small group activity;• Identify ways the American Red Cross ensures quality and consistency in course delivery in a small group activity;• Recognize standard processes in American Red Cross courses for assessing participant progress and providing feedback in a small group exercise;• Respond appropriately to a specific learner concern in a group exercise; and• Articulate how participants can serve their communities in a summarizing exercise.
Length	Approximately 4 ¾ hours (based on no more than 20 instructor candidates)
Instructor	An authorized American Red Cross instructor trainer and/or designated national instructor.
Certification Requirements	<ul style="list-style-type: none">• Attend all course sessions; and• Fully participate in all course activities and exercises.
Certificate Issued and Validity	Fundamentals of Instructor Training - An instructor candidate must complete an instructor specialty course



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Period within one year of completing Fundamentals of Instructor Training. The certificate remains valid as long as an individual holds a current national or nationally approved American Red Cross instructor authorization.

Participant Materials *American Red Cross Fundamentals of Instructor Training Participant's Manual* (GSD Stock No. A1174)

Revised October 2004